



Jr. Bronco Soccer Rules

YMCA GOAL

- The YMCA goal is to give every child a chance to play flag football. To teach football, sportsmanship, working together as a team: promote new friendships, positive family interactions and to have FUN.

YMCA FACILITY POLICIES

- All YMCA facilities and game and practice locations are smoke, tobacco, and alcohol free zones. All facilities and locations are pet/animal free zones for the direct safety of the kids.

SPORTSMANSHIP

- Coaches are directly responsible for team members before, during, & after games and practices.
- If the referee or supervisor witnesses any acts of tackling, elbowing, cheap shots, blocking or unsportsmanlike conduct, the game will be stopped and the player will be ejected from the game. FOUL PLAY WILL NOT BE TOLERATED.
- Any trash talking or taunting which is intended to embarrass, ridicule, or demean others under any circumstance will not be tolerated. First offense is a warning; the second offense is ejection from the game.

COACH'S CONDUCT

- Coaches are expected to adhere to YMCA philosophies, coaching guidelines, codes of conduct, and hold themselves with utmost integrity.
- Coaches are not allowed to complain or be disrespectful toward officials or opposing teams. First instance will result in a warning followed by unsportsmanlike penalties, followed by a coaching suspension.

PRACTICES

- Practice will be scheduled by the coach in conjunction with team members. Teams practice once a week for approx. 1 hour. During the first week, teams are allowed to practice 2 times before their first game. Coaches must make every effort to hold practices as they are critical for the development of the players. *Note* 3-4 years old division will not practice throughout the week. See below under "Time" section below.
- Coaches are expected to schedule and execute practices every week. If a coach is unable to attend a practice or game, it is expected the coach informs the team and asks a team parent to fill in.

EQUIPMENT

- YMCA reversible jerseys are available for purchase at both YMCA facilities but are NOT required. If the YMCA jersey is not purchased, the corresponding jersey color in a t-shirt is required (blue or red).
- Coaches will be given an equipment bag that contains 2 soccer balls and 5 cones for team use. Coaches are responsible for the equipment bags and ensuring everything in the bag is returned back to the YMCA.
- Athletic shoes or rubber cleats are required and shin guards are recommended.
- No jewelry, watches, earrings, etc. are allowed.

PLAYERS ON THE FIELD (includes goalie)

- 3-4 years: 3v3 (Goalies are not allowed). For this age group, number of players may be adjusted as nec.
- 5 years: 3v3 (Goalies are not allowed)
- 1-2 grades: 3v3 (Goalies are not allowed)
- 3-4 grades: 6v6 (includes goalie)
- 5-6 grades: 6v6 (includes goalie)
- The YMCA emphasizes equal participation. Please allow players to play different positions and play at least half of each game.

START OF GAME

- Before beginning the game, coaches are to review the topic of the week from the character development worksheet. The YMCA is just as much about developing character as they are about fun and skill development.
- The game is started with the players/coaches meeting with the referee at midfield, going over the sports pledge.
- All possessions will start with a kickoff at midfield. A goal cannot be scored directly from a kickoff.
- Coaches and officials may improvise rules under any circumstance, including number of players on the field to maximize the potential for fun and participation. Coaches and referees must discuss BEFORE the game begins.

KICKOFFS

- Any time a goal is scored, the possession will start with an indirect kickoff at midfield (must be passed to a teammate). For PK, K, and 1-2 grades, opposing players must give offense room to kick the ball to a teammate. For 3-4 and 5-6 grades, opposing players must be OUTSIDE the center circle to allow the possession to begin.

SUBSTITUTIONS

- All substitutions will be made on dead balls. Officials will call out for subs (except 5th-6th grades). See times below.
- Any substitute that needs a replacement mid-rotation, the coach must signal to the official.

- 3-4 years: Subs every 4 minutes (coaches and referees may adjust as necessary)
- 5 years: Subs every 3 minutes
- 1-2 grades: Subs every 3 minutes
- 3-4 grades: Subs every 4 minutes
- 5-6 grades: Subs every 4 minutes

BALL SIZE

- 3-4 years: Ball size #3
- 5 years: Ball size #3
- 1-2 grades: Ball size #3
- 3-4 grades: Ball size #4
- 5-6 grades: Ball size #4

TIME

- 3-4 years: Season will consist of NO practices throughout the week. On Saturdays and at the scheduled game time, teams will practice for 15 minutes, take a 5 minute break, and play against opposing team for 24 minutes.
- 5 years: 45 minutes
- 1-2 grades: 45 minutes
- 3-4 grades: Two, 20 minute halves. 5 minute halftime.
- 5-6 grades: Two, 20 minute halves. 5 minute halftime.

OUT OF BOUNDS

- The ball is out of bounds when the entire ball completely crosses the line. The ball is to be thrown in overhead on the sidelines, corner kick if the ball is last touched by the defense through the end lines, or goal kick if the ball is last touched by the offense (attempting to score and missing in most cases) through the end lines. A goal cannot be scored on a throw in, goal kick, or corner kick. For 3-4, 5, and 1-2 divisions, opposing teams must return to the midfield line before kicking the ball on a goal kick.

PENALTY KICKS

- For 3-4, 5, and 1-2 divisions, an indirect kick will be given to the offended team (player must pass the ball to a teammate) at the spot of foul/violation.
- 5-6 grades will have penalty kicks on fouls. A direct kick will be awarded to the offended player and a goal may directly be scored. An indirect kick (player must pass the ball to a teammate) will be awarded for violations.

OFFSIDES

- No grade or division will have offsides penalties.

FOULS

- Kicking or tripping
- Charges an opponent vigorously with intent to hurt
- Strikes or attempts to strike an opponent
- Pushing (excessive)
- Officials should stop the game in case of injury

VIOLATIONS

- Using hands (excluding goalie for 3-4 & 5-6 grades) *Rule will be relaxed for the younger divisions*

WARNINGS

- Players or coaches who constantly infringe upon the rules of the game, make disrespectful remarks or gestures toward the official(s) or otherwise conduct themselves in an unsportsmanlike manner may be warned by the official. If a second warning is necessary, violent conduct or serious foul play continues, or foul or abusive language occurs; the player or coach is suspended from the next game. The Sports Director and CEO shall review the severity of the act and determine further action.