

**2019
Hastings YMCA
Adult Volleyball**

The Hastings Family YMCA would like to welcome your team to our Adult Volleyball League. We hope you enjoy your experience!

Rules

NSAA high school rules.
Minimum of 4, maximum of 6.
Teams has 5 minutes to have minimum players or forfeit will occur. Rotations used at discretion of team. 1 timeout per game. Rally scoring will be used. All matches will play automatic 3 sets to 21, win by 2. Any part of the body can contact the ball including the foot. Winning team captain must sign score sheet. Players must sign roster before first game. Rosters are locked for tournament. Players may only play on 1 team, including different divisions (A & B). Teams may have subs from other teams but only to have 6 on the court.



Women's B Volleyball League - Tuesdays

All games will be played at the 16th St YMCA

<u>Team 1</u>	Z bumpers	<u>Team 5</u>	Team Cervix & Vernix
<u>Team 2</u>	2 Legit 2 Hit	<u>Team 6</u>	Spiked & Primed
<u>Team 3</u>	Hastings Physical Therap	<u>Team 7</u>	Sir Shanks-A-Lot
<u>Team 4</u>	NKOTB		

<u>DAY/DATE</u>	<u>LOCATION</u>	<u>TIME</u>	<u>VISITOR</u>	<u>HOME</u>	<u>COURT</u>
Tues Feb 5	YMCA 16th St	6:30PM	7	1	Y16
Tues Feb 5	YMCA 16th St	7:20PM	5	6	Y16
Tues Feb 5	YMCA 16th St	8:10PM	5	4	Y16
Tues Feb 5	YMCA 16th St	9:00PM	3	2	Y16
Tues Feb 12	YMCA 16th St	6:30PM	5	1	Y16
Tues Feb 12	YMCA 16th St	7:20PM	6	4	Y16
Tues Feb 12	YMCA 16th St	8:10PM	6	2	Y16
Tues Feb 12	YMCA 16th St	9:00PM	7	3	Y16
Tues Feb 19	YMCA 16th St	6:30PM	6	1	Y16
Tues Feb 19	YMCA 16th St	7:20PM	7	2	Y16
Tues Feb 19	YMCA 16th St	8:10PM	7	4	Y16
Tues Feb 19	YMCA 16th St	9:00PM	3	5	Y16
Tues Feb 26	YMCA 16th St	6:30PM	2	1	Y16
Tues Feb 26	YMCA 16th St	7:20PM	4	6	Y16
Tues Feb 26	YMCA 16th St	8:10PM	4	3	Y16
Tues Feb 26	YMCA 16th St	9:00PM	7	5	Y16
Tues Mar 5	YMCA 16th St	6:30PM	7	1	Y16
Tues Mar 5	YMCA 16th St	7:20PM	2	3	Y16
Tues Mar 5	YMCA 16th St	8:10PM	5	4	Y16
Tues Mar 12	YMCA 16th St	6:30PM	3	1	Y16
Tues Mar 12	YMCA 16th St	7:20PM	2	4	Y16
Tues Mar 12	YMCA 16th St	8:10PM	6	7	Y16
Tues Mar 19	YMCA 16th St	6:30PM	6	3	Y16
Tues Mar 19	YMCA 16th St	7:20PM	5	2	Y16
Tues Mar 19	YMCA 16th St	8:10PM	4	1	Y16
Tues Mar 26	YMCA 16th St	6:30PM	7	3	Y16
Tues Mar 26	YMCA 16th St	7:20PM	6	2	Y16
Tues Mar 26	YMCA 16th St	8:10PM	1	5	Y16
Tues Apr 2	YMCA 16th St	TBA	Tournament		Y16
Tues Apr 9	YMCA 16th St	TBA	Tournament		Y16