

NEBRASKA ALLIANCE OF YMCAs

2019 IMPACT

At the Y, no child, family or adult is turned away. We recognize in order for communities to succeed, everyone needs an opportunity to become healthy, confident, connected and secure. Where some may see obstacles, Nebraska Ys see opportunities to serve thousands of families and children in Nebraska.

The Y.™ For a better us.



Nebraska Ys provided over
\$4,847,665
in direct financial assistance
and program subsidies for
children, youth and families.



Nebraska Ys served over
81,210
individuals in various YMCA
programs with the help of
financial assistance.



Nebraska Ys engaged over
175,750
youth through life-saving
swim lessons, healthy sports
and out-of-school activities.



Nearly **1,761** young people, age 21 and under, were **employed** at Nebraska Ys in order to prepare them for today's work force and contribute wages and benefits back to the state.



Over **9,632** people participated in **Chronic Disease Prevention** programs such as Diabetes Prevention, Arthritis Enhancement and LIVESTRONG® at the YMCA (cancer survivor program) at Nebraska Ys.



The Nebraska Y's served **4,844** children in **After School Programs** so hard working Nebraska families can continue to work while their children are safe at the Y.



YMCAs in Nebraska served over **381,452** individuals in our **affordable programs** and life changing, positive activities.



Nebraska YMCAs

Our Ys focus on Youth Development, Healthy Living and Social Responsibility.

The Y Difference

Nebraska Ys are volunteer-led nonprofit organizations that belong to the communities that they serve.

Nebraska Ys ensure that all kids have the opportunity to discover who they are and what they can achieve.

Nebraska Ys improve the state's health and well being as they bring families closer together, encouraging good nutrition and physical activity.

Beatrice
Blair
Columbus
Fremont
Gothenburg
Grand Island

Hastings
Holdrege
Kearney
Lexington
Lincoln
McCook

Norfolk
Omaha
Scottsbluff
South Sioux City

