## NEBRASKA ALLIANCE OF YMCAs 2019 IMPACT



At the Y, no child, family or adult is turned away. We recognize in order for communities to succeed, everyone needs an opportunity to become healthy, confident, connected and secure. Where some may see obstacles, Nebraska Ys see opportunities to serve thousands of families and children in Nebraska.

The Y.<sup>™</sup> For a better us.





Nebraska Ys provided over \$4,847,665 in direct financial assistance and program subsidies for children, youth and families.



Nebraska Ys served over 81,210 individuals in various YMCA programs with the help of financial assistance.



175,750 youth through life-saving swim lessons, healthy sports and out-of-school activities.

Nebraska Ys engaged over



Nearly 1,76 1 young people, age 21 and under, were **employed** at Nebraska Ys in order to prepare them for today's work force and contribute wages and benefits back to the state.



Over 9,632 people participated in **Chronic Disease Prevention** programs such as Diabetes Prevention, Arthritis Enhancement and LIVE**STRONG**<sup>®</sup> at the YMCA (cancer survivor program) at Nebraska Ys.

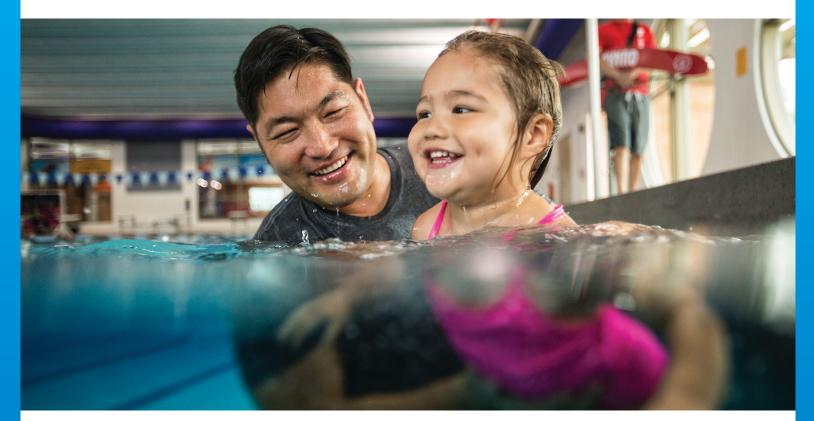


The Nebraska Y's served 4,844 children in After School Programs so hard working Nebraska families can continue to work while their children are safe at the Y.



YMCAs in Nebraska served over 381,452 individuals in our affordable programs and life changing, positive activities.





## Nebraska YMCAs

Our Ys focus on Youth Development, Healthy Living and Social Responsibility.

## The Y Difference

**Nebraska Ys** are volunteer-led nonprofit organizations that belong to the communities that they serve.

Nebraska Ys ensure that all kids have the opportunity to discover who they are and what they can achieve.

**Nebraska Ys** improve the state's health and well being as they bring families closer together, encouraging good nutrition and physical activity.

Beatrice Blair Columbus Fremont Gothenburg Grand Island Hastings Holdrege Kearney Lexington Lincoln McCook

Norfolk Omaha Scottsbluff South Sioux City

