

**Hastings YMCA  
Adult Basketball League  
Winter 2019**

The Hastings Family YMCA would like to welcome your team to our Adult Basketball League. We hope you enjoy your experience.

**Teams**

- Team 1 - A Team Has No Name
- Team 2 - Thermo Kings
- Team 3 - Jimmy Hopkins B Team
- Team 4 - Richmond Oilers
- Team 5 - The Black Sheep

**Rules**

Two, 20 minute halves with running clock, except for last minute of each half/OT. 5 minute halftime. Teams will get 2 timeouts per half. No carryover. 1 extra for overtime. Overtimes will be 5 minutes.

Games will be "call your own" fouls where the offended player will be the primary party to call fouls. It will be up to the teams to keep the game moving.

Team fouls will be recorded. At 7 team fouls 2 free throws will be shot. In the last minute of each half and OT 1 and 1 free throws will be shot, regardless of 7 team fouls or not.



***Men's B Basketball League Schedule***

| DATE      | LOCATION     | TIME   | VISITOR    | HOME | COURT    |
|-----------|--------------|--------|------------|------|----------|
| 1/8/2019  | YMCA 16th St | 7:00PM | 1          | 2    | Y16      |
| 1/8/2019  | YMCA 16th St | 8:00PM | 3          | 2    | Y16      |
| 1/8/2019  | YMCA 16th St | 9:00PM | 4          | 5    | Y16      |
| 1/15/2019 | YMCA 16th St | 7:00PM | 1          | 3    | Y16      |
| 1/15/2019 | YMCA 16th St | 8:00PM | 4          | 3    | Y16      |
| 1/15/2019 | YMCA 16th St | 9:00PM | 2          | 5    | Y16      |
| 1/22/2019 | YMCA 16th St | 7:00PM | 1          | 5    | Y16      |
| 1/22/2019 | YMCA 16th St | 8:00PM | 3          | 5    | Y16      |
| 1/22/2019 | YMCA 16th St | 9:00PM | 2          | 4    | Y16      |
| 1/29/2019 | YMCA 16th St | 7:00PM | 1          | 4    | Y16      |
| 1/29/2019 | YMCA 16th St | 8:00PM | 5          | 4    | Y16      |
| 1/29/2019 | YMCA 16th St | 9:00PM | 2          | 3    | Y16      |
| 2/5/2019  | YMCA 18th St | 7:00PM | 1          | 3    | Y18-East |
| 2/5/2019  | YMCA 18th St | 7:00PM | 2          | 5    | Y18-West |
| 2/12/2019 | YMCA 18th St | 7:00PM | 1          | 5    | Y18-East |
| 2/12/2019 | YMCA 18th St | 7:00PM | 2          | 4    | Y18-West |
| 2/19/2019 | YMCA 18th St | 7:00PM | 1          | 2    | Y18-East |
| 2/19/2019 | YMCA 18th St | 7:00PM | 3          | 4    | Y18-West |
| 2/26/2019 | YMCA 18th St | 7:00PM | 1          | 4    | Y18-East |
| 2/26/2019 | YMCA 18th St | 7:00PM | 3          | 5    | Y18-West |
| 3/5/2019  | YMCA 18th St | 7:00PM | Tournament |      | YMCA     |
| 3/12/2019 | YMCA 18th St | 7:00PM | Tournament |      | YMCA     |