

**Hastings YMCA
Adult Basketball League
Winter 2019**

The Hastings Family YMCA would like to welcome your team to our Adult Basketball League. We hope you enjoy your experience.

Teams

- Team 1 - Jabrom Ponies
- Team 2 - Hastings Keno
- Team 3 - Shenk Farms
- Team 4 - Ballers Elite
- Team 5 - Farris Construction
- Team 6 - The Kreutzers
- Team 7 - Hastings Family Chiro.
- Team 8 - Running Rebels

Rules

Two, 20 minute halves with running clock, except for last minute of each half/OT.

5 minute halftime. Teams will get 2 timeouts per half. No carryover. 1 extra for overtime. Overtimes will be 5 minutes.

Games will be "call your own" fouls where the offended player will be the primary party to call fouls. It will be up to the teams to keep the game moving.

Team fouls will be recorded. At 7 team fouls 2 free throws will be shot. In the last minute of each half and OT 1 and 1 free throws will be shot, regardless of 7 team fouls or not.



Men's A Basketball League Schedule

DATE	LOCATION	TIME	VISITOR	HOME	COURT
1/8/2019	YMCA 18th St	8:00PM	2	6	Y18-East
1/8/2019	YMCA 18th St	8:00PM	7	4	Y18-West
1/8/2019	YMCA 18th St	9:00PM	1	3	Y18-East
1/8/2019	YMCA 18th St	9:00PM	5	8	Y18-West
1/15/2019	YMCA 18th St	8:00PM	4	2	Y18-East
1/15/2019	YMCA 18th St	8:00PM	1	6	Y18-West
1/15/2019	YMCA 18th St	9:00PM	5	7	Y18-East
1/15/2019	YMCA 18th St	9:00PM	8	3	Y18-West
1/22/2019	YMCA 18th St	8:00PM	2	5	Y18-East
1/22/2019	YMCA 18th St	8:00PM	4	6	Y18-West
1/22/2019	YMCA 18th St	9:00PM	1	8	Y18-East
1/22/2019	YMCA 18th St	9:00PM	3	7	Y18-West
1/29/2019	YMCA 18th St	8:00PM	1	4	Y18-East
1/29/2019	YMCA 18th St	8:00PM	5	6	Y18-West
1/29/2019	YMCA 18th St	9:00PM	2	3	Y18-East
1/29/2019	YMCA 18th St	9:00PM	8	7	Y18-West
2/5/2019	YMCA 18th St	8:00PM	7	1	Y18-East
2/5/2019	YMCA 18th St	8:00PM	5	4	Y18-West
2/5/2019	YMCA 18th St	9:00PM	2	8	Y18-East
2/5/2019	YMCA 18th St	9:00PM	6	3	Y18-West
2/12/2019	YMCA 18th St	8:00PM	5	1	Y18-East
2/12/2019	YMCA 18th St	8:00PM	7	2	Y18-West
2/12/2019	YMCA 18th St	9:00PM	3	4	Y18-East
2/12/2019	YMCA 18th St	9:00PM	8	6	Y18-West
2/19/2019	YMCA 18th St	8:00PM	6	7	Y18-East
2/19/2019	YMCA 18th St	8:00PM	1	2	Y18-West
2/19/2019	YMCA 18th St	9:00PM	4	8	Y18-East
2/19/2019	YMCA 18th St	9:00PM	3	5	Y18-West
2/26/2019	YMCA 18th St	8:00PM	2	6	Y18-East
2/26/2019	YMCA 18th St	8:00PM	7	4	Y18-West
2/26/2019	YMCA 18th St	9:00PM	5	8	Y18-East
2/26/2019	YMCA 18th St	9:00PM	1	3	Y18-West
3/5/2019	YMCA 18th St	7:00PM	Tournament		YMCA
3/12/2019	YMCA 18th St	7:00PM	Tournament		YMCA