



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **LIFEGUARD**

Job Title: **Lifeguard**  
FLSA Status: Part Time  
Reports to: Aquatics Director

Job Grade: 8  
Revision Date: 1/8/2021  
Primary Function/Department: Aquatics

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### **POSITION SUMMARY:**

This position supports the work of the Y, a leading nonprofit committed to strengthening community through youth development, healthy living and social responsibility. A Lifeguard will aid in the successful operation of the YMCA, including knowledge of rescue procedures and emergency medical procedures. To help prevent incidents, lifeguards must enforce all safety guidelines as outlined by the YMCA.

### **ESSENTIAL FUNCTIONS:**

1. Maintains constant surveillance of the pool area.
2. Knows/reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies and procedures. Completes related reports as required.
3. Maintains effective relationships with the members, participants and other staff.
4. Knows, understands, and consistently applies safety rules, policies and guidelines for the pool and aquatics area.
5. Maintains accurate records as required by the YMCA and/or the state Health Department code.
6. Performs chemical testing at appropriate times of the day, as required, and takes appropriate action.
7. Performs other duties as assigned.

### **YMCA COMPETENCIES (Organizational Leader):**

**Mission Advancement:** Incorporates the Y's mission and values into the organization's vision and strategies. Ensures community engagement; promotes the global nature of the Y. Leads a culture of volunteerism ensuring engagement, inclusion, and ownership. Leads a culture of philanthropy.

**Collaboration:** Advocates for and institutionalize inclusion and diversity throughout the organization. Initiates the development of relationships with influential leaders to impact and strengthen the community. Is recognized as an inspirational community leader who navigates complex political and social circles with ease. Communicates to engage and inspire people within and outside the YMCA.

**Operational Effectiveness:** Possesses penetrating insight and strong strategic and critical thinking skills. Invests resources in well-designed innovation initiatives.

**Personal Growth:** Shares authority and demonstrates courage and humility. Has the functional and technical knowledge and skills required to perform well; uses best practices and demonstrates up-to-date knowledge and skills in technology.

### **QUALIFICATIONS:**

1. Previous experience as a lifeguard, lifeguard instructor, or swim instructor preferred.
2. Must possess a Red Cross Lifeguard or YMCA certification, a current CPR for the Professional Rescuer, AED, Basic First Aid certification.

Hastings Family YMCA  
1220 W. 18<sup>th</sup> St/1430 W. 16<sup>th</sup> St.  
Hastings, NE 68901  
P 402-463-3139

3. Must follow all YMCA policies and procedures outlined in the employee handbook, maintain professionalism, and live up to YMCA standards while performing job duties.
4. Must maintain certification-level physical and mental readiness.
5. Understanding of the nature and purpose of the YMCA.
6. Ability to relate effectively to diverse groups of people from all social and economic segments of the community; a track record of building authentic, constructive relationships with others.
7. Must maintain a flexible schedule, which may consist of weekends, early mornings, afternoons and evenings. In addition to these hours, the candidate may be asked to work overnight for special events.

**WORK ENVIRONMENT & PHYSICAL DEMANDS:**

- Ability to support child or adult body weight in the water.
- Must be able to remain alert with no lapses of consciousness in a warm environment with air temperatures of 80 degrees or higher.
- Demonstrated ability to recognize and remedy hazardous/dangerous situations.
- Ability to recognize and react calmly and effectively in hazardous/dangerous situations.
- Communicate verbally, including projecting voice across distance in normal and loud situations.
- Perform all physical aspects of the position, including walking, standing, bending, reaching, and lifting up to 50 pounds at a time in a warm pool environment.
- The noise level in the work environment is usually moderate.

**SIGNATURE:**

I have reviewed and I understand this job description.

\_\_\_\_\_  
Employee's name

\_\_\_\_\_  
Employee's signature

Today's date: \_\_\_\_\_