FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASTICS COACH

Job Title: **Gymnastics Coach**
FLSA Status: Part-Time, Non-Exempt
Reports to: Sports & Recreation Director
Primary Department: Sports

POSITION SUMMARY:

A Gymnastics Coach is responsible for leading safe, engaging, and developmentally appropriate gymnastics classes for children, beginning at age 2. The role focuses on building foundational movement skills, coordination, confidence, and a love for physical activity in a fun and supportive environment. A Gymnastics Coach embodies and demonstrates the YMCA values and provides exceptional customer service. It is a part-time position with flexible scheduling options. Availability for weekday evenings. Hours may range from 2 to 10 hours per week based on availability and program needs.

RESPONSIBILITIES:

- Lead and assist with recreational gymnastics classes, following the provided lesson plans
- Track progress and complete participant evaluations
- Create a positive, safe, engaging, and learning environment for all participants
- Teach fundamental skills and proper techniques appropriate to each individual and age group
- Understand and demonstrate all safety guidelines and risk management procedures
- Provide encouragement, mentorship, and support to all participants
- Demonstrate professionalism, ethical decision-making, and excellent sportsmanship
- Administer basic first aid when necessary
- Participate in required training
- Maintain high standards of quality and program excellence
- Other duties as assigned.

REQUIREMENTS:

Experience:

- Must be a minimum of 15 years old
- Gymnastics, cheer, or dance experience is helpful but not required
- Experience with coaching/teaching children
- CPR, First Aid, and AED certifications within 60 days of hire
- USA Gymnastics training within 60 days of hire

Skills & Competencies:

- Reliable, responsible, and safety-focused
- Strong communication and teamwork skills
- Ability to remain calm in a sometimes loud and fast-paced environment
- Commitment to YMCA values of caring, honesty, respect, and responsibility

Physical & Work Requirements:

- Ability to work flexible hours, including evenings
- Must be able to lift up to 50 pounds
- Ability to sit, stand, kneel, crouch, and move frequently
- The noise level in the work environment is usually moderate, but can be loud at times
- This position requires working on-site

SIGNATURE:

I have reviewed, understood, and accept this job description.

_____

Employee's Name | Employee's Signature | Date

Hastings Family YMCA
1430 W. 16th St.
Hastings, NE 68901
P 402-463-3139