



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## WELLNESS DIRECTOR

Full-Time, Exempt

Salary Range: \$45,000-\$55,000 Annually

### PERKS & BENEFITS

Flexible schedule, free YMCA family membership, one work-from-home day per week, free hours of childcare plus discounted additional hours, discounted programs and childcare, PTO, retirement, health plans, and impactful work that makes a positive difference in the community.

### POSITION SUMMARY

This position supports the work of the Y, a leading nonprofit committed to strengthening community through youth development, healthy living, and social responsibility. The Wellness Director leads all aspects of health and wellness programming for the organization, ensuring our cause and culture are instilled in our strategy and staff development.

### PRIMARY JOB RESPONSIBILITIES

- Hire, train, and manage wellness staff.
- Oversee group exercise classes, fitness instructors, and workout areas.
- Organize, run, and oversee races and wellness programs that meet current trends and needs of the community.
- Build community partnerships to expand the YMCA's wellness impact.
- Develop and manage the wellness budget to meet fiscal objectives.
- Other duties as assigned.

### COMPETENCIES

- Accepts and demonstrates the YMCA's values.
- Works effectively with people of different backgrounds, abilities, opinions, and perceptions.
- Demonstrates strong customer service.
- Strong understanding of and commitment to the mission of the YMCA.

### QUALIFICATIONS

- Must be a minimum of 18 years old.
- Background or knowledge in fitness, health and wellness, or exercise science is helpful but not required.
- Experience supervising and managing staff is helpful but not required.
- CPR and First Aid certification is required within 60 days of hire. (Provided by YMCA)
- Proficient computer skills.
- Ability to lead, supervise, and be a team player.
- Organizational, communication, and problem-solving abilities.

### PHYSICAL & WORK REQUIREMENTS

- Occasionally be available for flexible hours.
- Ability to move throughout facilities and outdoor environments.
- Must be able to lift up to 50 pounds.
- Ability to sit, stand, and walk for extended periods.
- The noise level in the work environment is usually moderate.
- This position requires working on-site. Working remotely is allowed on a limited basis.

Abuse Risk Management: All YMCA employees agree to adhere to policies related to boundaries with members and children and complete required abuse risk training. Employees must report any suspicious or inappropriate behaviors or policy violations; in addition, all employees are mandated reporters.

### SIGNATURE

I have reviewed, understood, and accept this job description.

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Employee's Name

Employee's Signature

Date

Hastings Family YMCA  
1430 W. 16<sup>th</sup> St.  
Hastings, NE 68901  
P 402-463-3139