



## Jr. Bronco Flag Football & Volleyball FAQ

Parents,

Thank you for registering for our YMCA Jr. Bronco Sports program! Below are some commonly asked questions and answers so you are better prepared for the season.

### **When will a coach call my child?**

Coaches will call their players after they get their roster. **A coach's meeting is scheduled for Thursday, March 29, 7 & 8pm, at 18<sup>th</sup> St Y**; coaches will receive rosters and team information then. Please keep in mind that all coaches are volunteers and have taken time out of their busy schedule to help coach. If you have not been contacted by your coach by **April 3rd**, please contact Ty at [sports@hastingsymca.net](mailto:sports@hastingsymca.net).

### **Are coaches needed?**

Yes, the YMCA is always looking for volunteer coaches. Would you consider coaching? If you are not able to, consider asking a family friend, another family member, etc. Coaches do receive a \$15 discount.

### **When does practice begin?**

Practice may begin the week of April 2nd. Coaches will determine the practice day and time. Teams will practice 1 time per week. **\*\*It is recommended that 1<sup>st</sup> and 2<sup>nd</sup> grade flag football practice only prior to games as players at that age/grade remember plays and techniques as it is fresh on their minds.\*\*** 1<sup>st</sup>-2<sup>nd</sup> grade volleyball will not practice during the week and only practice during scheduled time on Sundays.

### **Where and when are practices?**

Most practices will be held at the YMCA or on the YMCA fields. **\*\*Volleyball coaches will sign up for a practice day and time during the coach's meeting to reserve gym times. Coaches will inform their players of practice time, day, and location when they call their players.\*\*** Some coaches from out of town may practice in the town kids attend school.

### **Will my child receive a jersey?**

Yes, all players will receive a sponsored jersey as part of registration. Players will receive their jersey before their first game. All jerseys will be given to the Head or Assistant Coach. Players can keep their jersey.

### **What equipment is needed?**

**Flag Football:** Mouth guards are not required but highly recommended. Rubber Cleats and/or tennis shoes. Metal spikes are not allowed.

**Volleyball:** Knee pads are not required but recommended.

All players should bring a water bottle to all practices and games.

*Other equipment such as balls and flags will be given to coaches or made available during practices.*

### **Can the kids ask to be with friends?**

We do our best to accommodate special requests, but no request is guaranteed. We will place the son or daughter of the Head Coach and the son/daughter of the assistant coach on their teams.

### **Can my child attend Hastings College games?**

Yes, your child will receive a VIP pass for free admission to all Hastings College Athletic events. If the pass is lost, your child can still get free admission by wearing his/her Jr. Bronco jersey.

### **Will there be a rain make up date for Flag Football?**

Yes. Only the first rainout will be made up and the date will be May 20<sup>th</sup>. The games scheduled that get rained out will be up exactly as the original schedule shows.