



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Extended Hours Access Member Form

Primary member must complete – All members on the account 18 years of age and older will have access.

By signing, I acknowledge that I have received a copy of the Hastings Family YMCA Extended Hour Access Policies and Guidelines and understand that if I decline to follow those policies, my extended hours membership access will be terminated. I also understand the YMCA's Zero Tolerance Policy on allowing people into the building after regular business hours. Camera recordings will be reviewed daily and anyone caught bringing guests in after regular business hours will have their extended access membership terminated. By signing this form you also acknowledge that all members 18+ in your household will follow the rules and guidelines.

Extended Hour Access Waiver & Release Form

Use of the Hastings Family YMCA Wellness Center outside of staffed hours of operation is for Hastings Family YMCA members only. Members must be at least 18 years of age and must use their assigned access card to gain entrance. Family members under 18 on my membership cannot use my Extended Hours Access access, even if I am present. I understand if my access card is used to let anyone in, I will lose my Extended Hours Access access permanently and possibly lose my YMCA membership.

We HIGHLY recommend that you have an adult workout partner, who has a membership with the Hastings Family YMCA, accompany you while using the Hastings Family YMCA Extended Hours Access facility, but it is entirely up to you. As such, you are aware that there will be no supervision or assistance when using these facilities outside of the YMCA's staffed hours of operation. You are also aware that if you are injured, become unconscious, or suffer a stroke or heart attack, there will likely be no one to respond to your emergency and this facility has no duty to assist you. Even though this facility is equipped with surveillance cameras it is likely that should you require immediate assistance, none will be provided.

Because physical exercise can be strenuous and subject to the risk of serious injury, the Hastings Family YMCA urges you to obtain a physical examination from a doctor before using any exercise equipment or participating in any exercise activity. You agree that if you engage in any physical exercise or activity, or use any Hastings Family YMCA amenity on the premises, you do so entirely at your own risk. You agree that you are voluntarily participating in the use of this facility and assume all risks of injury, illness, or death. The Hastings Family YMCA is also not responsible for any loss of your personal property.

This waiver and release of liability includes, without limitation, all injuries that may occur, regardless of negligence, as a result of; (a) your use of all amenities and equipment in the facility and your participation in any activity, class, program, personal training or instruction; (b) the sudden and unforeseen malfunctioning of any equipment; (c) your slipping and /or falling while on Hastings Family YMCA premises, including adjacent sidewalks and parking areas.

You acknowledge that you have carefully read this “waiver and release” and fully understand that it is a release of liability. You expressly agree to release and discharge Hastings Family YMCA, Inc., and all affiliates, employees, agents, representatives, successors, or assigns, from any claims or causes of action. You agree to voluntarily give up or waive any right that you may otherwise have to bring legal action against Hastings Family YMCA, Inc. for negligence, personal injury, or property damage.

Note: Should any part of this agreement be found by a court of law to be against public policy or in violation of any state statute or case precedence, then only that wording is removed and the remainder of this agreement will remain in full force.