

**2019
Hastings YMCA
Adult Volleyball**

The Hastings Family YMCA would like to welcome your team to our Adult Volleyball League.

We hope you enjoy your experience!

Rules

NSAA high school rules.
Minimum of 4, maximum of 6.
Teams has 5 minutes to have minimum players or forfeit will occur. Rotations used at discretion of team. 1 timeout per game. Rally scoring will be used. All matches will be played best 2/3 to 25, 3rd to 15 win by 2. May play 3rd if agreed. Any part of the body can contact the ball including the foot. Winning team captain must sign score sheet. Players must sign roster before first game. Rosters are locked for tournament. Players may only play on 1 team, including different divisions (A & B). Teams may have subs from other teams but only to have 6 on the court.



Coed A Volleyball League - Thursdays

All games will be played at the 18th St YMCA

<u>Team 1</u>	SHOTZ	<u>Team 3</u>	Alec's Angels
<u>Team 2</u>	Fireballs	<u>Team 4</u>	Let's Get Vertical

<u>DAY/DATE</u>	<u>LOCATION</u>	<u>TIME</u>	<u>VISITOR</u>	<u>HOME</u>	<u>COURT</u>
Thur, Feb 7	YMCA 18th St	8:10PM	1	4	Y18 West
Thur, Feb 7	YMCA 18th St	9:00PM	3	2	Y18 West
Thur, Feb 14	YMCA 18th St	8:10PM	4	2	Y18 West
Thur, Feb 14	YMCA 18th St	9:00PM	3	1	Y18 West
Thur, Feb 21	YMCA 18th St	8:10PM	3	4	Y18 West
Thur, Feb 21	YMCA 18th St	9:00PM	2	1	Y18 West
Thur, Feb 28	YMCA 18th St	8:10PM	4	1	Y18 West
Thur, Feb 28	YMCA 18th St	9:00PM	2	3	Y18 West
Thur, Mar 7	YMCA 18th St	8:10PM	2	4	Y18 West
Thur, Mar 7	YMCA 18th St	9:00PM	1	3	Y18 West
Thur, Mar 14	YMCA 18th St	8:10PM	4	3	Y18 West
Thur, Mar 14	YMCA 18th St	9:00PM	2	1	Y18 West
Thur, Mar 21	YMCA 18th St	8:10PM	1	4	Y18 West
Thur, Mar 21	YMCA 18th St	9:00PM	3	2	Y18 West
Thur, Mar 28	YMCA 18th St	8:10PM	4	2	Y18 West
Thur, Mar 28	YMCA 18th St	9:00PM	3	1	Y18 West
Thur, Apr 4	YMCA 18th St	TBA	Tournament		Y18 West
Thur, Apr 11	YMCA 18th St	TBA	Tournament		Y18 West