

YMCA Hoops League COVID-19 Guidelines

- In order to help prevent the spread of the coronavirus and/or from games being canceled, all participants, coaches, and spectators are required to follow these procedures and do their part to have a safe and successful season. The league exists strictly to allow kids to be able to play basketball.
- **Each player is permitted to have only their parents/guardians (two maximum) attend games. No siblings or other relatives will be allowed.**
- If a family has multiple kids playing in the league, only kids who are playing in the league are allowed in but must sit with parents and will be required to wear a face covering. **This is only allowed for those PLAYING in the league.**
- All spectators and coaches will be required to wear face coverings at all times. You will not be able to gain admission without a face covering. Failure to wear a face covering will result in being escorted out of the facility. This is a zero-tolerance policy. Games will be forfeited should this policy not be kept.
- Immediately following your scheduled game(s), teams are required to leave the facility/event right away. New teams cannot enter until your team has cleared out. Even with a game or two off between games, teams are required to leave the facility.
- Incoming teams will not be allowed to enter facilities until the previous team and fans have cleared out or no sooner than 10 minutes prior to the start of your game, whichever comes first.
- Teams are not allowed to congregate in commons areas before, between, or after games.
- Those not following the face covering policy will be given one warning before being escorted out of the facility. Coaches are responsible for the actions and cooperation of their team and parents. A warning will be issued at first, followed by 60 seconds of game stoppage for the coach to get his/her team and parents to comply, then the game will be forfeited.
- **If these guidelines are not being followed, the local schools will close their gyms and the league will be canceled. Coaches must follow and will be responsible for enforcing the guidelines amongst their team.**
- Hand sanitizer will be available.
- Families must sit together and be at least six feet from the nearest spectators.
- Program participants will not share water or food between non-family members.
- Coaches will receive a welcome email before the start of the program that will list all guidelines for the program. Coaches will be responsible for getting the information to their team(s).
- Should games be canceled because of COVID-19, the games will not be made up. Programs will be paused or canceled with the recommendation from the local health department.
- Proactive communication will be used should changes/adjustments to programs that need to be made via Playerspace, email, the YMCA website, and the YMCA Facebook page.
- YMCA staff will clean and wipe down common touch areas that include door handles, team benches, and other areas every 60 minutes or on a needed basis.
- All officials will be temperature checked upon arrival at the sporting event.
- There will be no post-game handshake, but should wave and tell the other team "good game." Teams should avoid close huddles as much as possible.
- There will be limited bleacher space available that will be first come first serve. Fans may be required to stand along the sidelines.
- Bleachers will be marked and spaced to adhere to social distancing.
- Teams and their families are required to sit together and on opposite sides of the court of their opponent. The home team will occupy the north and west side of the court(s) while the visiting team will occupy the south and east side of the court(s).
- YMCA staff and officials will wear a face covering at all times (except when a whistle is in their mouth).

Response Plan for Youth Sports Programs

1. What should I do if a participant discloses that they or someone in their household might have been exposed? **PARTICIPANT MAY STAY IN PROGRAM**

According to CDC guidance,

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html>, participants should:

- Self-monitor for symptoms
- Practice social distancing and
- Follow CDC guidance if symptoms develop

During this time, participants are allowed to continue in the program until the person they are in close contact with tests positive or the participant personally experiences symptoms at which time they should stay home and follow #2 or #3.

2. What should I do if a participant discloses or it is determined that they have been in close contact with a person who tested positive for COVID-19? **PARTICIPANT REMOVED FROM PROGRAM** (Note: If the participant has a sibling in our program, the sibling also must be removed.)

According to CDC guidance,

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html>, the participant should:

- Self-quarantine for 14 days from the last day they were in contact with the person that tested positive
- Self-monitor for symptoms
- Follow CDC guidance if symptoms develop

At the end of 14 days, the participant must be symptom-free for at least 72 hours prior to returning.

3. What should I do if a participant or volunteer coach tests positive for COVID-19? **PARTICIPANT & ALL IN CLOSE CONTACT REMOVED FROM PROGRAM** (Note: If the participant has a sibling in our program, the sibling also must be removed.)

According to CDC guidance,

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html>, participants should:

- Self-quarantine for 14 days from the time they first experienced symptoms. If asymptomatic, Day 1 is considered the day they take the test.
- Self-monitor for symptoms
- Follow CDC guidance if symptoms develop

At the end of 14 days, the participant must be symptom-free for at least 72 hours prior to returning.

In the case of a team at games or practices, everyone who has been in close contact with the child or volunteer coach (staff, coaches, and participants) will be required to self-quarantine for 14 days from the last day they were in contact with the participant. Any games or practices during this 14-day period for that team will be canceled. In the case of a clinic or camp session, everyone who has been in close contact with the child (staff and participants) will be required to self-quarantine for 14 days from the last day they were in contact with the participant.

4. Can I require a child to go home (or stay home) if he or she is sick or experiencing symptoms or has other illness symptoms?

Yes, children who are sick or experiencing symptoms of COVID-19 or any other illness symptoms, should **NOT** be in Youth Sports. (Note: If the child has a sibling in our program, the sibling also must be removed.)

If the child is already onsite, the supervisor or volunteer coach should contact parent/guardian for immediate pick up. COVID-19 primary symptoms include:

- Fever
- Cough
- Shortness of breath or difficulty breathing

Other COVID-19 symptoms may include:

- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell