



Healthy Kids Day Schedule of Events

1:00

- Booths and activities begin
- Mini golf opens (weather permitting)
- 1 mile walk/run through libs park.
Starting outside of 18th St. YMCA.
If the weather is too cold we will relocate around the basketball courts.
- Kids exercise class begins on the tennis court

1:15

- YWCA School of Dance Performance on the Multi-Purpose Court

1:30

- Sports Department activity on the Multi-Purpose Court

2:00

- Sports Department activity on the Multi-Purpose Court
- Zumba for kids on the tennis courts

2:30

- YWCA School of Dance Performance on the Multi-Purpose Court

3:00

- 1 mile walk/run through libs park.
Starting outside of 18th St. YMCA.
If the weather is too cold we will relocate around the basketball courts.

What can I do today?

- Pick up a goodie bag at the entrance to fill up at our booths!
- Obstacle course inflatable
- Ninja warrior wall
- Plant your own seeds to take home
- Make your own snack
- Learn how to shoot bow and arrows
- Kids Zumba
- Fun games from the YMCA Sports Department
- Keep an eye out for Bosco, the HC mascot!
- Kids Exercise Class Demonstration
- YWCA School of Dance performances
- 1 Mile Walk around libs park (weather permitting)
- Free mini golf (weather permitting)
- Sign up for a chance to win a new bicycle!
- Check out a police car and fire truck!

Booths you can visit:

- Hastings Boy Scouts
- Boxcar Youth Theater Company
- YWCA
- Earl May Planting Station
- YMCA Cooking Club
- Hastings Fire Station
- Hastings Police Department
- Mary Lanning Pediatric Rehab
- UNL Extension
- Children's Rehab Center
- Safe Kids
- Crossfit Ground Up
- Hastings Public Library
- Kiwanas
- YMCA Lifeguards
- YMCA Child Care
- YMCA Camp Eigenberg Archery
- YMCA Kids Zumba and Exercise